

TORNADO DINER BREAKFAST AND LUNCH MENU

Student meals are served at no cost.

Note: Menu items are subject change due to product availability from vendors. Laurel School District is an equal opportunity employer and provider.

Each student meal must include a fruit or vegetable!



2018

LAUREL HIGH SCHOOL

Adult breakfast meals are \$2.00 and lunch meals are \$3.25.

BREAKFAST SELECTIONS

- Monday-TWISTER FRENCH TOAST
- Tuesday-TYPHOON SAUSAGE BISCUIT
- Wednesday-WHIRLWIND PANCAKES
- Thursday-CYCLONE GRITS & SAUSAGE
- Friday-TORNADO PANCAKE PUP

Optional breakfast meals include a breakfast muffin/bread or cereal bowl. Fruit juice and chilled fruit cups are available daily. Breads or grains are often served as a part of the breakfast or lunch entrée.



NOTE MENU ITEMS ARE SUBJECT TO CHANGE ACCORDING TO PRODUCT AVAILABILITY FROM VENDORS.

TORNADO TOSSED SALADS WITH SALAD DRESSING ARE OFFERED EACH DAY AT LUNCH!

A VARIETY OF CHILLED MLK IS AVAILABLE WITH EACH MEAL. CONDIMENTS ARE ALSO OFFERED AS A PART OF EACH MEAL!

SANDWICH SPECIALS

- Monday-GRILLED HAMBURGER
- Tuesday- CHICKEN SANDWICH
- Wednesday-BARBECUE RIB BUN
- Thursday-HAM & CHEESE MELT
- Friday- GRILLED BACON CHEESEBURGER

SPECIALTY SALADS

- Monday-TORNADO CLUB SALAD
- Tuesday-SPICY CHCKEN SALAD
- Wednesday-TWISTER FRUIT & YOGURT PLATE
- Thursday-TORNADO CHICKEN SALAD
- Friday-TORNADO TENDER SALAD



MONDAY

2

TUESDAY

3

WEDNESDAY

4

THURSDAY

5

FRIDAY

6

- SWEDISH MEATBALLS OVER RICE
- HOT & FLUFFY ROLL
- BBQ BAKED BEANS
- SWEET PEAS

9

- HOT HAM & CHEESE MELT
- SWEET BAKED BEANS
- SEASONED GREEN BEANS
- FLAVORED RAISINS/DICED PEACHES

10

- BEEFY NACHO GRANDE
- SALSA & CHIPS
- BUTTERED WHOLE KERNEL CORN
- SWEET POTATO PATTY
- BANANA/BLUSHING PEARS

11

- DELI ROASTED CHICKEN
- HOT & FLUFFY ROLL
- CHEESY MASHED POTATOES
- PETITE BABY LIMAS
- ORANGE SMILE/STRAWBERRY CUP

12

- BEEFY RAVIOLI
- GARLIC BREAD
- SEASONED GREEN BEANS
- CORN OFF THE COB
- FRESH APPLE/PINEAPPLES

13

- FRESH APPLE/MANDARIN ORANGE
- WALKING TACOS
- CHIPS, SALSA, JALEPENOS
- CARROT & RAISIN SLAW
- PINTOS & CHEESE

16

- HOT DIGGITY HOT DOG
- CARROT & RAISIN SALAD
- SEASONED GREEN BEANS
- FLAVORED RAISINS/DICED PEACHES

17

- VEGGIE BEEF SOUP & GRILLED CHEESE SANDWICH
- SEASONED MIXED VEGGIES
- SWEET POTATO PATTY
- BANANA/BLUSHING PEARS

18

- DELI ROASTED CHICKEN
- RICE AND GRAVY
- CARROT COINS
- PETITE BABY LIMAS
- ORANGE SMILE/STRAWBERRY CUP

19

- CHICKEN FRIED
- STEAK SANDWICH
- HASH BROWN PATTY
- CORN OFF THE COB
- FRESH APPLE/PINEAPPLES

20

- FRESH APPLE/MANDARIN ORANGE
- SPICY CHICKEN STRIPS OVER RICE
- HOT & FLUFFY ROLL
- CYCLONE MIXED VEGETABLES
- SWEET PEAS

23

- TORNADO POTATO PIE
- HOT & FLUFFY ROLL
- RAW VEGGIES & DIP
- SEASONED GREEN BEANS
- FLAVORED RAISINS/DICED PEACHES

24

- BEEF STEAK TIPS OVER RICE
- HOT & FLUFFY ROLL
- PETITE BABY LIMAS
- SWEET POTATO PATTY
- BANANA/BLUSHING PEARS

25

- DELI ROASTED CHICKEN
- RICE AND GRAVY
- BARBECUED BEANS
- SWEET PEAS
- ORANGE SMILE/STRAWBERRY CUP

26

- LUCIOUS LASAGNA & GARLIC TOAST
- SEASONED VEGETABLE BLEND
- CORN OFF THE COB
- FRESH APPLE/PINEAPPLES

27

- FRESH APPLE/MANDARIN ORANGE
- CHEESY CHICKEN & OVER RICE
- HOT & FLUFFY ROLL
- STEAMED BROCCOLI & CHEESE
- SWEET PEAS

30

- FLAVORED RAISINS/DICED PEACHES
- STUFFED CRUST PIZZA
- BUTTERED CORN
- SEASONED GREEN BEANS
- FLAVORED RAISINS/DICED PEACHES

- RED BEANS, RICE & SAUSAGE WITH CORNBREAD BITES
- SOUTHERN STYLE TURNIPS
- SWEET POTATO PATTY
- BANANA/BLUSHING PEARS

- DELI ROASTED CHICKEN
- RICE AND GRAVY
- BABY CARROT CUPS WITH DIP
- PETITE BABY LIMAS
- ORANGE SMILE/STRAWBERRY CUP

- SOFT SHELL TACO WITH SALSA & CHEESE
- SPICY, PINTOS & CHEESE
- CORN OFF THE COB
- FRESH APPLE/PINEAPPLES