

TORNADO DINER BREAKFAST AND LUNCH MENU

Student meals are served at no cost.

Note: Menu items are subject change due to product availability from vendors. Laurel School District is an equal opportunity employer and provider.

Each student meal must include a fruit or vegetable!



2018

LAUREL MIDDLE SCHOOL

Adult breakfast meals are \$2.00 and lunch meals are \$3.25.

BREAKFAST SELECTIONS

Monday-TWISTER FRENCH TOAST
Tuesday-TYPHOON SAUSAGE BISCUIT
Wednesday-WHIRLWIND PANCAKES
Thursday-CYCLONE GRITS & SAUSAGE
Friday-TORNADO PANCAKE PUP

Optional breakfast meals include a breakfast muffin/bread or cereal bowl. Fruit juice and chilled fruit cups are available daily. Breads or grains are often served as a part of the breakfast or lunch entrée.

NOTE MENU ITEMS ARE SUBJECT TO CHANGE ACCORDING TO PRODUCT AVAILIBTY FROM VENDORS.

TORNADO TOSSED SALADS WITH SALAD DRESSING ARE OFFERED EACH DAY AT LUNCH!

A VARIETY OF CHILLED MLK IS AVAILABLE WITH EACH MEAL. CONDIMENTS ARE ALSO OFFERED AS A PART OF EACH MEAL!



SANDWICH SPECIALS

Monday-GRILLED BACON BURGER
Tuesday- CHICKEN SANDWICH
Wednesday-BARBECUE RIB BUN
Thursday-HAM & CHEESE MELT
Friday- GRILLED CHEESEBURGER

SPECIALTY SALADS

Monday-TORNADO CLUB SALAD
Tuesday-SPICY CHCKEN SALAD
Wednesday-TWISTER FRUIT & YOGURT PLATE
Thursday-TORNADO CHICKEN SALAD
Friday-TORNADO TENDER SALAD

MONDAY



SWEDISH MEATBALLS OVER RICE
HOT & FLUFFY ROLL
BBQ BAKED BEANS
SWEET PEAS
FRESH APPLE/MANDARIN ORANGE

2

9

16

23

30

TUESDAY

HOT HAM & CHEESE MELT
SWEET BAKED BEANS
SEASONED GREEN BEANS
FLAVORED RAISINS/DICED PEACHES

3

10

17

24

WEDNESDAY

BEEFY NACHO GRANDE
SALSA & CHIPS
BUTTERED WHOLE KERNEL CORN
SWEET POTATO PATTY
BANANA/BLUSHING PEARS

4

11

18

25

THURSDAY

DELI ROASTED CHICKEN
HOT & FLUFFY ROLL
CHEESY MASHED POTATOES
PETITE BABY LIMAS
ORANGE SMILE/STRAWBERRY CUP

5

12

19

26

FRIDAY

BEEFY RAVIOLI
GARLIC BREAD
SEASONED GREEN BEANS
CORN OFF THE COB
FRESH APPLE/PINEAPPLES

6

13

20

27

CHEESY CHICKEN & OVER RICE
HOT & FLUFFY ROLL
STEAMED BROCCOLI & CHEESE
SWEET PEAS
FRESH APPLE/MANDARIN ORANGE