

TORNADO DINER BREAKFAST AND LUNCH MENU

December 2017

LAUREL HIGH SCHOOL

Student meals are served at no cost.

Adult breakfast meals are \$2.00 and lunch meals are \$3.25.

Note: Menu items are subject change due to product availability from vendors. Laurel School District is an equal opportunity employer and provider.

Each student meal must include a fruit or vegetable!

BREAKFAST SELECTIONS

- Monday-TWISTER FRENCH TOAST
- Tuesday-TYPHOON SAUSAGE BISCUIT
- Wednesday-WHIRLWIND PANCAKES
- Thursday-CYCLONE GRITS & SAUSAGE
- Friday-TORNADO PANCAKE PUP

Optional breakfast meals include a breakfast muffin/bread or cereal bowl. Fruit juice and chilled fruit cups are available daily. Breads or grains are often served as a part of the breakfast or lunch entrée.



NOTE MENU ITEMS ARE SUBJECT TO CHANGE ACCORDING TO PRODUCT AVAILIBTY FROM VENDORS.

TORNADO TOSSED SALADS WITH SALAD DRESSING ARE OFFERED EACH DAY AT LUNCH!

A VARIETY OF CHILLED MLK IS AVAILABLE WITH EACH MEAL. CONDIMENTS ARE ALSO OFFERED AS A PART OF EACH MEAL!

SANDWICH SPECIALS

- Monday-GRILLED HAMBURGER
- Tuesday- CHICKEN SANDWICH
- Wednesday-BARBECUE RIB BUN
- Thursday-HAM & CHEESE MELT
- Friday- GRILLED BACON CHEESEBURGER

SPECIALTY SALADS

- Monday-TORNADO CLUB SALAD
- Tuesday-SPICY CHCKEN SALAD
- Wednesday-TWISTER FRUIT & YOGURT PLATE
- Thursday-TORNADO CHICKEN SALAD
- Friday-TORNADO TENDER SALAD

MONDAY



- SWEDISH MEATBALLS OVER RICE
- HOT & FLUFFY ROLL
- BBQ BAKED BEANS
- SWEET PEAS
- FRESH APPLE/MANDARIN ORANGE

11

- BEEF STEAK TIPS OVER RICE
- HOT & FLUFFY ROLL
- CARROT & RAISIN SLAW
- SWEET PEAS
- FRESH APPLE/MANDARIN ORANGE

18

- SPICY CHICKEN STRIPS OVER RICE
- HOT & FLUFFY ROLL
- CYCLONE MIXED VEGETABLES
- SWEET PEAS
- FRESH APPLE/MANDARIN ORANGE

TUESDAY



4



- HOT DIGGITY HOT DOG
- CARROT & RAISIN SALAD
- SEASONED GREEN BEANS
- FLAVORED RAISINS/DICED PEACHES

12

- TORNADO POTATO PIE
- HOT & FLUFFY ROLL
- RAW VEGGIES & DIP
- SEASONED GREEN BEANS
- FLAVORED RAISINS/DICED PEACHES

19

- PEPPERONI PIZZA
- BUTTERED CORN
- SEASONED GREEN BEANS
- FLAVORED RAISINS/DICED PEACHES

WEDNESDAY



5



6

- VEGGIE BEEF SOUP & GRILLED CHEESE SANDWICH
- SEASONED MIXED VEGGIES
- SWEET POTATO PATTY
- BANANA/BLUSHING PEARS

13

- WALKING TACO WITH SALSA & JALEPENOS
- SPICY PINTOS & CHEESE
- SWEET POTATO PATTY
- BANANA/BLUSHING PEARS

THURSDAY



6



7

- SPICY SAUSAGE & CHICKEN JAMBALAYA & CARROT COINS
- PETITE BABY LIMAS
- ORANGE SMILE/STRAWBERRY CUP

14

- DELI ROASTED CHICKEN
- HOT & FLUFFY ROLL
- BARBECUED BEANS
- PETITE BABY LIMAS
- ORANGE SMILE/STRAWBERRY CUP

FRIDAY

- BEEFY RAVIOLI
- GARLIC BREAD
- SEASONED GREEN BEANS
- CORN OFF THE COB
- FRESH APPLE/PINEAPPLES

1

8

- CHICKEN FRIED STEAK SANDWICH
- HASH BROWN PATTY
- CORN OFF THE COB
- FRESH APPLE/PINEAPPLES

15

- LUCIOUS LASAGNA & GARLIC TOAST
- SEASONED VEGETABLE BLEND
- CORN OFF THE COB
- FRESH APPLE/PINEAPPLES

Have a blessed and Merry Christmas!

Enjoy your Christmas break December 20, 2017-January 4, 2018

