

TORNADO DINER BREAKFAST AND LUNCH MENU

December 2017

LAUREL MIDDLE SCHOOL

Student meals are served at no cost.

Note: Menu items are subject change due to product availability from vendors. Laurel School District is an equal opportunity employer and provider.

Each student meal must include a fruit or vegetable!

BREAKFAST SELECTIONS

Monday-TWISTER FRENCH TOAST
Tuesday-TYPHOON SAUSAGE BISCUIT
Wednesday-WHIRLWIND PANCAKES
Thursday-CYCLONE GRITS & SAUSAGE
Friday-TORNADO PANCAKE PUP

Optional breakfast meals include a breakfast muffin/bread or cereal bowl. Fruit juice and chilled fruit cups are available daily. Breads or grains are often served as a part of the breakfast or lunch entrée.

NOTE MENU ITEMS ARE SUBJECT TO CHANGE ACCORDING TO PRODUCT AVAILIBTY FROM VENDORS.

TORNADO TOSSED SALADS WITH SALAD DRESSING ARE OFFERED EACH DAY AT LUNCH!

A VARIETY OF CHILLED MLK IS AVAILABLE WITH EACH MEAL. CONDIMENTS ARE ALSO OFFERED AS A PART OF EACH MEAL!

SANDWICH SPECIALS

Monday-GRILLED BACON BURGER
Tuesday- CHICKEN SANDWICH
Wednesday-BARBECUE RIB BUN
Thursday-HAM & CHEESE MELT
Friday- GRILLED CHEESEBURGER

SPECIALTY SALADS

Monday-TORNADO CLUB SALAD
Tuesday-SPICY CHCKEN SALAD
Wednesday-TWISTER FRUIT & YOGURT PLATE
Thursday-TORNADO CHICKEN SALAD
Friday-TORNADO TENDER SALAD



MONDAY



SWEDISH MEATBALLS OVER RICE
HOT & FLUFFY ROLL
BBQ BAKED BEANS
SWEET PEAS
FRESH APPLE/MANDARIN ORANGE

11

BEEF STEAK TIPS OVER RICE
HOT & FLUFFY ROLL
CARROT & RAISIN SLAW
SWEET PEAS

FRESH APPLE/MANDARIN ORANGE

18

SPICY CHICKEN STRIPS OVER RICE
HOT & FLUFFY ROLL
CYCLONE MIXED VEGETABLES
SWEET PEAS

FRESH APPLE/MANDARIN ORANGE

TUESDAY



4

MINI DIGGITY DOG

CARROT & RAISIN SALAD
SEASONED GREEN BEANS

FLAVORED RAISINS/DICED PEACHES

12

TORNADO POTATO PIE
HOT & FLUFFY ROLL
RAW VEGGIES & DIP
SEASONED GREEN BEANS

FLAVORED RAISINS/DICED PEACHES

19

PEPPERONI PIZZA

BUTTERED CORN

SEASONED GREEN BEANS

FLAVORED RAISINS/DICED PEACHES

WEDNESDAY



5

VEGGIE BEEF SOUP &
GRILLED CHEESE SANDWICH
SEASONED MIXED VEGGIES
SWEET POTATO PATTY
BANANA/BLUSHING PEARS

13

WALKING TACO
WITH SALSA & JALEPENOS
SPICY PINTOS & CHEESE
SWEET POTATO PATTY
BANANA/BLUSHING PEARS

Have a blessed and Merry Christmas!

Enjoy your Christmas break December 20, 2017-January 4, 2018

THURSDAY



6

SPICY SAUSAGE & CHICKEN
JAMBALAYA &
CARROT COINS
PETITE BABY LIMAS

ORANGE SMILE/STRAWBERRY CUP

14

DELI ROASTED CHICKEN
HOT & FLUFFY ROLL
BARBECUED BEANS
PETITE BABY LIMAS
ORANGE SMILE/STRAWBERRY CUP

FRIDAY



7

BEEFY RAVIOLI
GARLIC BREAD
SEASONED GREEN BEANS
CORN OFF THE COB
FRESH APPLE/PINEAPPLES

1

8

CHICKEN FRIED
STEAK SANDWICH
HASH BROWN PATTY
CORN OFF THE COB
FRESH APPLE/PINEAPPLES

15

LUCIOUS LASAGNA
& GARLIC TOAST
SEASONED VEGETABLE BLEND
CORN OFF THE COB
FRESH APPLE/PINEAPPLES

