

TORNADO DINER BREAKFAST AND LUNCH MENU

Student meals are served at no cost.

Note: Menu items are subject change due to product availability from vendors. Laurel School District is an equal opportunity employer and provider.

February 2018

LAUREL HIGH SCHOOL

Adult breakfast meals are \$2.00 and lunch meals are \$3.25.

Each student meal must include a fruit or vegetable!

BREAKFAST SELECTIONS

Monday-TWISTER FRENCH TOAST
Tuesday-TYPHOON SAUSAGE BISCUIT
Wednesday-WHIRLWIND PANCAKES
Thursday-CYCLONE GRITS & SAUSAGE
Friday-TORNADO PANCAKE PUP

Optional breakfast meals include a breakfast muffin/bread or cereal bowl. Fruit juice and chilled fruit cups are available daily. Breads or grains are often served as a part of the breakfast or lunch entrée.

NOTE MENU ITEMS ARE SUBJECT TO CHANGE ACCORDING TO PRODUCT AVAILABILITY FROM VENDORS.

TORNADO TOSSED SALADS WITH SALAD DRESSING ARE OFFERED EACH DAY AT LUNCH!

A VARIETY OF CHILLED MLK IS AVAILABLE WITH EACH MEAL. CONDIMENTS ARE ALSO OFFERED AS A PART OF EACH MEAL!



SANDWICH SPECIALS

Monday-GRILLED HAMBURGER
Tuesday- CHICKEN SANDWICH
Wednesday-BARBECUE RIB BUN
Thursday-HAM & CHEESE MELT
Friday- GRILLED BACON CHEESEBURGER

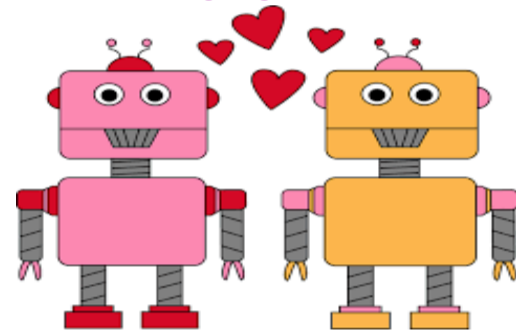
SPECIALTY SALADS

Monday-TORNADO CLUB SALAD
Tuesday-SPICY CHCKEN SALAD
Wednesday-TWISTER FRUIT & YOGURT PLATE
Thursday-TORNADO CHICKEN SALAD
Friday-TORNADO TENDER SALAD

MONDAY



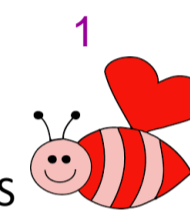
TUESDAY



WEDNESDAY



THURSDAY



FRIDAY

2

SWEDISH MEATBALLS OVER RICE
HOT & FLUFFY ROLL
BBQ BAKED BEANS
SWEET PEAS



5

HOT DIGGITY HOT DOG
CARROT & RAISIN SALAD
SEASONED GREEN BEANS



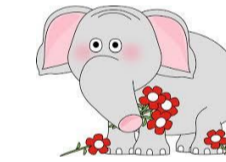
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VEGGIE BEEF SOUP &
GRILLED CHEESE SANDWICH
SEASONED MIXED VEGGIES
SWEET POTATO PATTY
BANANA/BLUSHING PEARS



7

SPICY SAUSAGE & CHICKEN
JAMBALAYA
CARROT COINS
PETITE BABY LIMAS
ORANGE SMILE/STRAWBERRY CUP



8

BEEFY RAVIOLI
GARLIC BREAD
SEASONED GREEN BEANS
CORN OFF THE COB
FRESH APPLE/PINEAPPLES

9

FRESH APPLE/MANDARIN ORANGE

12

FLAVORED RAISINS/DICED PEACHES

13

BANANA/BLUSHING PEARS

14

ORANGE SMILE/STRAWBERRY CUP

15

FRESH APPLE/PINEAPPLES

16

Happy Valentine's Day

WALKING TACOS
CHIPS, SALSA, JALEPENOS
CARROT & RAISIN SLAW
PINTOS & CHEESE



19

TORNADO POTATO PIE
HOT & FLUFFY ROLL
RAW VEGGIES & DIP
SEASONED GREEN BEANS



20

BEEF STEAK TIPS OVER RICE
HOT & FLUFFY ROLL
PETITE BABY LIMAS
SWEET POTATO PATTY
BANANA/BLUSHING PEARS



21

DELI ROASTED CHICKEN
HOT & FLUFFY ROLL
BARBECUED BEANS
SWEET PEAS



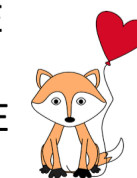
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LUCIOUS LASAGNA
& GARLIC TOAST
SEASONED VEGETABLE BLEND
CORN OFF THE COB
FRESH APPLE/PINEAPPLES

23

STAFF DEVELOPMENT

CHEESY CHICKEN & OVER RICE
HOT & FLUFFY ROLL
STEAMED BROCCOLI & CHEESE
SWEET PEAS



26

TORNADO CHICKEN TENDERS
HOT & FLUFFY ROLL
SWEET BAKED BEANS
SEASONED GREEN BEANS



27

BEEFY NACHO GRANDE
SALSA & CHIPS
BUTTERED WHOLE KERNEL CORN
SWEET POTATO PATTY
BANANA/BLUSHING PEARS

28

MANDARIN CHICKEN
OVER RICE
BY CARROT CUPS WITH DIP
PETITE BABY LIMAS
ORANGE SMILE/STRAWBERRY CUP

