

TORNADO DINER BREAKFAST AND LUNCH MENU

Student meals are served at no cost.

Note: Menu items are subject change due to product availability from vendors. Laurel School District is an equal opportunity employer and provider.

BREAKFAST SELECTIONS

Monday-TWISTER FRENCH TOAST
Tuesday-TYPHOON SAUSAGE BISCUIT
Wednesday-WHIRLWIND PANCAKES
Thursday-CYCLONE GRITS & SAUSAGE
Friday-TORNADO PANCAKE PUP

Optional breakfast meals include a breakfast muffin/bread or cereal bowl. Fruit juice and chilled fruit cups are available daily. Breads or grains are often served as a part of the breakfast or lunch entrée.

NOTE MENU ITEMS ARE SUBJECT TO CHANGE ACCORDING TO PRODUCT AVAILABILITY FROM VENDORS.

TORNADO TOSSED SALADS WITH SALAD DRESSING ARE OFFERED EACH DAY AT LUNCH!

A VARIETY OF CHILLED MLK IS AVAILABLE WITH EACH MEAL. CONDIMENTS ARE ALSO OFFERED AS A PART OF EACH MEAL!

Each student meal must include a fruit or vegetable!



JANUARY 2018

LAUREL HIGH SCHOOL

Adult breakfast meals are \$2.00 and lunch meals are \$3.25.

BREAKFAST SELECTIONS

SANDWICH SPECIALS

Monday-GRILLED HAMBURGER
Tuesday- CHICKEN SANDWICH
Wednesday-BARBECUE RIB BUN

Thursday-HAM & CHEESE MELT
Friday- GRILLED BACON CHEESEBURGER

SPECIALTY SALADS

Monday-TORNADO CLUB SALAD
Tuesday-SPICY CHCKEN SALAD
Wednesday-TWISTER FRUIT & YOGURT PLATE
Thursday-TORNADO CHICKEN SALAD
Friday-TORNADO TENDER SALAD

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



8
SWEDISH MEATBALLS OVER RICE
HOT & FLUFFY ROLL
BBQ BAKED BEANS
SWEET PEAS
FRESH APPLE/MANDARIN ORANGE 15

9
HOT DIGGITY HOT DOG
CARROT & RAISIN SALAD
SEASONED GREEN BEANS
FLAVORED RAISINS/DICED PEACHES 16

10
VEGGIE BEEF SOUP &
GRILLED CHEESE SANDWICH
SEASONED MIXED VEGGIES
SWEET POTATO PATTY
BANANA/BLUSHING PEARS 17

11
BARBECUE MEATBALL
HOAGIE
CHEESY MASHED POTATOES
PETITE BABY LIMAS
ORANGE SMILE/STRAWBERRY CUP 18

12
BEEFY RAVIOLI
GARLIC BREAD
SEASONED GREEN BEANS
CORN OFF THE COB
FRESH APPLE/PINEAPPLES 19



22
SPICY CHICKEN STRIPS OVER RICE
HOT & FLUFFY ROLL
CYCLONE MIXED VEGETABLES
SWEET PEAS
FRESH APPLE/MANDARIN ORANGE 29

23
TORNADO POTATO PIE
HOT & FLUFFY ROLL
RAW VEGGIES & DIP
SEASONED GREEN BEANS
FLAVORED RAISINS/DICED PEACHES 30

24
BEEF STEAK TIPS OVER RICE
HOT & FLUFFY ROLL
PETITE BABY LIMAS
SWEET POTATO PATTY
BANANA/BLUSHING PEARS 31

25
DELI ROASTED CHICKEN
HOT & FLUFFY ROLL
BARBECUED BEANS
SWEET PEAS
ORANGE SMILE/STRAWBERRY CUP 26

26
LUCIOUS LASAGNA
& GARLIC TOAST
SEASONED VEGETABLE BLEND
CORN OFF THE COB
FRESH APPLE/PINEAPPLES 26

CHEESY CHICKEN & OVER RICE
HOT & FLUFFY ROLL
STEAMED BROCCOLI & CHEESE
SWEET PEAS
FRESH APPLE/MANDARIN ORANGE

TORNADO CHICKEN TENDERS
HOT & FLUFFY ROLL
SWEET BAKED BEANS
SEASONED GREEN BEANS
FLAVORED RAISINS/DICED PEACHES

BEEFY NACHO GRANDE
SALSA & CHIPS
BUTTERED WHOLE KERNEL CORN
SWEET POTATO PATTY
BANANA/BLUSHING PEARS

MANDARIN CHICKEN
OVER RICE
BABY CARROT CUPS WITH DIP
PETITE BABY LIMAS
ORANGE SMILE/STRAWBERRY CUP

SOFT SHELL TACO
WITH SALSA & CHEESE
SPICY, PINTOS & CHEESE
CORN OFF THE COB
FRESH APPLE/PINEAPPLES

