

TORNADO DINER BREAKFAST AND LUNCH MENU

Student meals are served at no cost.

Note: Menu items are subject change due to product availability from vendors. Laurel School District is an equal opportunity employer and provider.

BREAKFAST SELECTIONS

Monday-TWISTER FRENCH TOAST
Tuesday-TYPHOON SAUSAGE BISCUIT
Wednesday-WHIRLWIND PANCAKES
Thursday-CYCLONE GRITS & SAUSAGE
Friday-TORNADO PANCAKE PUP

Optional breakfast meals include a breakfast muffin/bread or cereal bowl. Fruit juice and chilled fruit cups are available daily. Breads or grains are often served as a part of the breakfast or lunch entrée.

NOTE MENU ITEMS ARE SUBJECT TO CHANGE ACCORDING TO PRODUCT AVAILIBTY FROM VENDORS.

TORNADO TOSSED SALADS WITH SALAD DRESSING ARE OFFERED EACH DAY AT LUNCH!

A VARIETY OF CHILLED MLK IS AVAILABLE WITH EACH MEAL. CONDIMENTS ARE ALSO OFFERED AS A PART OF EACH MEAL!



LAUREL MIDDLE SCHOOL

Adult breakfast meals are \$2.00 and lunch meals are \$3.25.

SANDWICH SPECIALS

Monday-GRILLED BACON BURGER
Tuesday- CHICKEN SANDWICH
Wednesday-BARBECUE RIB BUN
Thursday-HAM & CHEESE MELT
Friday- GRILLED CHEESEBURGER

SPECIALTY SALADS

Monday-TORNADO CLUB SALAD
Tuesday-SPICY CHCKEN SALAD
Wednesday-TWISTER FRUIT & YOGURT PLATE
Thursday-TORNADO CHICKEN SALAD
Friday-TORNADO TENDER SALAD

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



8
SWEDISH MEATBALLS OVER RICE
HOT & FLUFFY ROLL
BBQ BAKED BEANS
SWEET PEAS
FRESH APPLE/MANDARIN ORANGE

9
MINI DIGGITY DOG
CARROT & RAISIN SALAD
SEASONED GREEN BEANS
FLAVORED RAISINS/DICED PEACHES

10
VEGGIE BEEF SOUP &
GRILLED CHEESE SANDWICH
SEASONED MIXED VEGGIES
SWEET POTATO PATTY
BANANA/BLUSHING PEARS

11
BARBECUE MEATBALL
HOAGIE
CHEESY MASHED POTATOES
PETITE BABY LIMAS
ORANGE SMILE/STRAWBERRY CUP

12
BEEFY RAVIOLI
GARLIC BREAD
SEASONED GREEN BEANS
CORN OFF THE COB
FRESH APPLE/PINEAPPLES



15
SPICY CHICKEN STRIPS OVER RICE
HOT & FLUFFY ROLL
CYCLONE MIXED VEGETABLES
SWEET PEAS
FRESH APPLE/MANDARIN ORANGE

16
TORNADO POTATO PIE
HOT & FLUFFY ROLL
RAW VEGGIES & DIP
SEASONED GREEN BEANS
FLAVORED RAISINS/DICED PEACHES

17
BEEF STEAK TIPS OVER RICE
HOT & FLUFFY ROLL
PETITE BABY LIMAS
SWEET POTATO PATTY
BANANA/BLUSHING PEARS

18
DELI ROASTED CHICKEN
HOT & FLUFFY ROLL
BARBECUED BEANS
SWEET PEAS
ORANGE SMILE/STRAWBERRY CUP

19
LUCIOUS LASAGNA
& GARLIC TOAST
SEASONED VEGETABLE BLEND
CORN OFF THE COB
FRESH APPLE/PINEAPPLES

22
SPICY CHICKEN STRIPS OVER RICE
HOT & FLUFFY ROLL
CYCLONE MIXED VEGETABLES
SWEET PEAS
FRESH APPLE/MANDARIN ORANGE

23
STUFFED CRUST PIZZA
BUTTERED CORN
SEASONED GREEN BEANS
FLAVORED RAISINS/DICED PEACHES

24
RED BEANS, RICE & SAUSAGE
WITH CORNBREAD BITES
SOUTHERN STYLE TURNIPS
SWEET POTATO PATTY
BANANA/BLUSHING PEARS

25
MANDARIN CHICKEN
OVER RICE
BABY CARROT CUPS WITH DIP
PETITE BABY LIMAS
ORANGE SMILE/STRAWBERRY CUP

26
SOFT SHELL TACO
WITH SALSA & CHEESE
SPICY, PINTOS & CHEESE
CORN OFF THE COB
FRESH APPLE/PINEAPPLES

29
CHEESY CHICKEN & OVER RICE
HOT & FLUFFY ROLL
STEAMED BROCCOLI & CHEESE
SWEET PEAS
FRESH APPLE/MANDARIN ORANGE

30
TORNADO CHICKEN TENDERS
HOT & FLUFFY ROLL
SWEET BAKED BEANS
SEASONED GREEN BEANS
FLAVORED RAISINS/DICED PEACHES

31
BEEFY NACHO GRANDE
SALSA & CHIPS
BUTTERED WHOLE KERNEL CORN
SWEET POTATO PATTY
BANANA/BLUSHING PEARS

