

TORNADO DINER BREAKFAST AND LUNCH MENU

Student meals are served at no cost.

Note: Menu items are subject change due to product availability from vendors. Laurel School District is an equal opportunity employer and provider.



Each student meal must include a fruit or vegetable!

BREAKFAST SELECTIONS

- Monday-TWISTER FRENCH TOAST
- Tuesday-TYPHOON SAUSAGE BISCUIT
- Wednesday-WHIRLWIND PANCAKES
- Thursday-CYCLONE GRITS & SAUSAGE
- Friday-TORNADO PANCAKE PUP

Optional breakfast meals include a breakfast muffin/bread or cereal bowl. Fruit juice and chilled fruit cups are available daily. Breads or grains are often served as a part of the breakfast or lunch entrée.

NOTE MENU ITEMS ARE SUBJECT TO CHANGE ACCORDING TO PRODUCT AVAILIBTY FROM VENDORS.

TORNADO TOSSED SALADS WITH SALAD DRESSING ARE OFFERED EACH DAY AT LUNCH!
A VARIETY OF CHILLED MLK IS AVAILABLE WITH EACH MEAL. CONDIMENTS ARE ALSO OFFERED AS A PART OF EACH MEAL!

SANDWICH SPECIALS

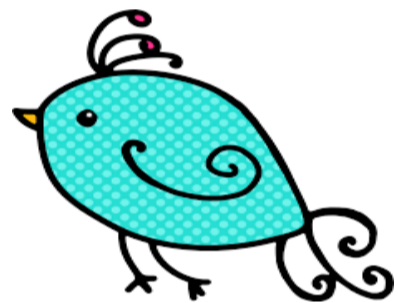
- Monday-GRILLED HAMBURGER
- Tuesday- CHICKEN SANDWICH
- Wednesday-BARBECUE RIB BUN
- Thursday-HAM & CHEESE MELT
- Friday- GRILLED CHEESEBURGER

SPECIALTY SALADS

- Monday-TORNADO CLUB SALAD
- Tuesday-SPICY CHCKEN SALAD
- Wednesday-TWISTER FRUIT & YOGURT PLATE
- Thursday-TORNADO CHICKEN SALAD
- Friday-CHICKEN NUGGET SALAD



MONDAY



5

- SWEDISH MEATBALLS OVER RICE
- HOT & FLUFFY ROLL
- BBQ BAKED BEANS
- SWEET PEAS
- FRESH APPLE/MANDARIN ORANGE

12

TUESDAY



6

- HOT DIGGITY HOT DOG
- CARROT & RAISIN SALAD
- SEASONED GREEN BEANS
- FLAVORED RAISINS/DICED PEACHES

13

WEDNESDAY



7

- VEGGIE BEEF SOUP & GRILLED CHEESE SANDWICH
- SEASONED MIXED VEGGIES
- SWEET POTATO PATTY
- BANANA/BLUSHING PEARS

14

THURSDAY

- BARBECUE MEATBALL HOAGIE
- CHEESY MASHED POTATOES
- PETITE BABY LIMAS
- ORANGE SMILE/STRAWBERRY CUP

1

8

- SPICY SAUSAGE & CHICKEN JAMBALAYA
- CARROT COINS
- PETITE BABY LIMAS
- ORANGE SMILE/STRAWBERRY CUP

15

FRIDAY

- BEEFY RAVIOLI
- GARLIC BREAD
- SEASONED GREEN BEANS
- CORN OFF THE COB
- FRESH APPLE/PINEAPPLES

2

9

- CHICKEN FRIED STEAK SANDWICH
- HASH BROWN PATTY
- CORN OFF THE COB
- FRESH APPLE/PINEAPPLES

16



19

- SPICY CHICKEN STRIPS OVER RICE
- HOT & FLUFFY ROLL
- CYCLONE MIXED VEGETABLES
- SWEET PEAS
- FRESH APPLE/MANDARIN ORANGE

26

- PEPPERONI PIZZA
- BUTTERED CORN
- SEASONED GREEN BEANS
- FLAVORED RAISINS/DICED PEACHES

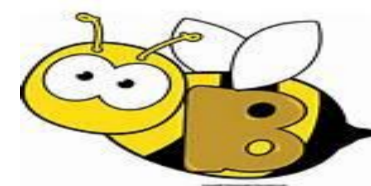
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20

- RED BEANS, RICE & SAUSAGE WITH CORNBREAD BITES
- SOUTHERN STYLE TURNIPS
- SWEET POTATO PATTY
- BANANA/BLUSHING PEARS

28



21

- MANDARIN CHICKEN OVER RICE
- BABY CARROT CUPS WITH DIP
- PETITE BABY LIMAS
- ORANGE SMILE/STRAWBERRY CUP

29



22

- MANDARIN CHICKEN OVER RICE
- BABY CARROT CUPS WITH DIP
- PETITE BABY LIMAS
- ORANGE SMILE/STRAWBERRY CUP

29



22

- SOFT SHELL TACO WITH SALSA & CHEESE
- SPICY, PINTOS & CHEESE
- CORN OFF THE COB
- FRESH APPLE/PINEAPPLES

30



23

- CHEESY CHICKEN & OVER RICE
- HOT & FLUFFY ROLL
- STEAMED BROCCOLI & CHEESE
- SWEET PEAS
- FRESH APPLE/MANDARIN ORANGE

- TORNADO CHICKEN NUGGETS
- HOT & FLUFFY ROLL
- SWEET BAKED BEANS
- SEASONED GREEN BEANS
- FLAVORED RAISINS/DICED PEACHES

- BEEFY NACHO GRANDE
- SALSA & CHIPS
- BUTTERED WHOLE KERNEL CORN
- SWEET POTATO PATTY
- BANANA/BLUSHING PEARS

- BARBECUE MEATBALL HOAGIE
- CHEESY MASHED POTATOES
- ORANGE SMILE/STRAWBERRY CUP

- BEEFY RAVIOLI
- GARLIC BREAD
- SEASONED GREEN BEANS
- CORN OFF THE COB
- FRESH APPLE/PINEAPPLES