

TORNADO DINER BREAKFAST AND LUNCH MENU

Student meals are served at no cost.

Note: Menu items are subject change due to product availability from vendors. Laurel School District is an equal opportunity employer and provider.



LAUREL HIGH SCHOOL

Adult breakfast meals are \$2.00 and lunch meals are \$3.25.

Each student meal must include a fruit or vegetable!

BREAKFAST SELECTIONS

Monday-TWISTER FRENCH TOAST
Tuesday-TYPHOON SAUSAGE BISCUIT
Wednesday-WHIRLWIND PANCAKES
Thursday-CYCLONE GRITS & SAUSAGE
Friday-TORNADO PANCAKE PUP

Optional breakfast meals include a breakfast muffin/bread or cereal bowl. Fruit juice and chilled fruit cups are available daily. Breads or grains are often served as a part of the breakfast or lunch entrée.



SANDWICH SPECIALS

Monday-GRILLED HAMBURGER
Tuesday- CHICKEN SANDWICH
Wednesday-BARBECUE RIB BUN

Thursday-HAM & CHEESE MELT
Friday- GRILLED BACON CHEESEBURGER

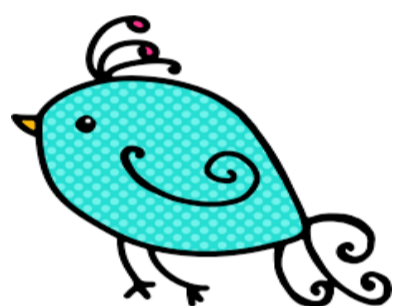
SPECIALTY SALADS

Monday-TORNADO CLUB SALAD
Tuesday-SPICY CHCKEN SALAD
Wednesday-TWISTER FRUIT & YOGURT PLATE
Thursday-TORNADO CHICKEN SALAD
Friday-TORNADO TENDER SALAD

NOTE MENU ITEMS ARE SUBJECT TO CHANGE ACCORDING TO PRODUCT AVAILIBTY FROM VENDORS.

TORNADO TOSSED SALADS WITH SALAD DRESSING ARE OFFERED EACH DAY AT LUNCH!
A VARIETY OF CHILLED MLK IS AVAILABLE WITH EACH MEAL. CONDIMENTS ARE ALSO OFFERED AS A PART OF EACH MEAL!

MONDAY



5

SWEDISH MEATBALLS OVER RICE
HOT & FLUFFY ROLL
BBQ BAKED BEANS
SWEET PEAS

FRESH APPLE/MANDARIN ORANGE

12

TUESDAY



6

HOT DIGGITY HOT DOG
CARROT & RAISIN SALAD
SEASONED GREEN BEANS

FLAVORED RAISINS/DICED PEACHES

13

WEDNESDAY



7

VEGGIE BEEF SOUP &
GRILLED CHEESE SANDWICH
SEASONED MIXED VEGGIES
SWEET POTATO PATTY
BANANA/BLUSHING PEARS

14

THURSDAY

1

BARBECUE MEATBALL
HOAGIE
CHEESY MASHED POTATOES
PETITE BABY LIMAS
ORANGE SMILE/STRAWBERRY CUP

8

SPICY SAUSAGE & CHICKEN
JAMBALAYA
CARROT COINS
PETITE BABY LIMAS
ORANGE SMILE/STRAWBERRY CUP

15

FRIDAY

2

BEEFY RAVIOLI
GARLIC BREAD
SEASONED GREEN BEANS
CORN OFF THE COB
FRESH APPLE/PINEAPPLES

9

CHICKEN FRIED
STEAK SANDWICH
HASH BROWN PATTY
CORN OFF THE COB
FRESH APPLE/PINEAPPLES

16



19

20

SPICY CHICKEN STRIPS OVER RICE
HOT & FLUFFY ROLL
CYCLONE MIXED VEGETABLES
SWEET PEAS

FRESH APPLE/MANDARIN ORANGE

26

STUFFED CRUST PIZZA
BUTTERED CORN
SEASONED GREEN BEANS
FLAVORED RAISINS/DICED PEACHES

27



RED BEANS, RICE & SAUSAGE
WITH CORNBREAD BITES
SOUTHERN STYLE TURNIPS
SWEET POTATO PATTY
BANANA/BLUSHING PEARS

28



21



22

MANDARIN CHICKEN
OVER RICE
BABY CARROT CUPS WITH DIP
PETITE BABY LIMAS
ORANGE SMILE/STRAWBERRY CUP

29



23

SOFT SHELL TACO
WITH SALSA & CHEESE
SPICY, PINTOS & CHEESE
CORN OFF THE COB
FRESH APPLE/PINEAPPLES

30

CHEESY CHICKEN & OVER RICE
HOT & FLUFFY ROLL
STEAMED BROCCOLI & CHEESE
SWEET PEAS

FRESH APPLE/MANDARIN ORANGE

TORNADO CHICKEN TENDERS
HOT & FLUFFY ROLL
SWEET BAKED BEANS
SEASONED GREEN BEANS
FLAVORED RAISINS/DICED PEACHES

BEEFY NACHO GRANDE
SALSA & CHIPS
BUTTERED WHOLE KERNEL CORN
SWEET POTATO PATTY
BANANA/BLUSHING PEARS

BARBECUE MEATBALL
HOAGIE
CHEESY MASHED POTATOES
PETITE BABY LIMAS
ORANGE SMILE/STRAWBERRY CUP

BEEFY RAVIOLI
GARLIC BREAD
SEASONED GREEN BEANS
CORN OFF THE COB
FRESH APPLE/PINEAPPLES