

TORNADO DINER BREAKFAST AND LUNCH MENU

Student meals are served at no cost.

Note: Menu items are subject change due to product availability from vendors. Laurel School District is an equal opportunity employer and provider.
Each student meal must include a fruit or vegetable!



LAUREL MIDDLE SCHOOL

Adult breakfast meals are \$2.00 and lunch meals are \$3.25.

BREAKFAST SELECTIONS

- Monday-TWISTER FRENCH TOAST
- Tuesday-TYPHOON SAUSAGE BISCUIT
- Wednesday-WHIRLWIND PANCAKES
- Thursday-CYCLONE GRITS & SAUSAGE
- Friday-TORNADO PANCAKE PUP

Optional breakfast meals include a breakfast muffin/bread or cereal bowl.
Fruit juice and chilled fruit cups are available daily.
Breads or grains are often served as a part of the breakfast or lunch entrée.



SANDWICH SPECIALS

- Monday-GRILLED BACON BURGER
- Tuesday- CHICKEN SANDWICH
- Wednesday-BARBECUE RIB BUN
- Thursday-HAM & CHEESE MELT
- Friday- GRILLED CHEESEBURGER

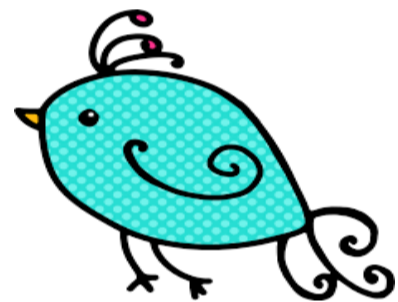
SPECIALTY SALADS

- Monday-TORNADO CLUB SALAD
- Tuesday-SPICY CHCKEN SALAD
- Wednesday-TWISTER FRUIT & YOGURT PLATE
- Thursday-TORNADO CHICKEN SALAD
- Friday-TORNADO TENDER SALAD

NOTE MENU ITEMS ARE SUBJECT TO CHANGE ACCORDING TO PRODUCT AVAILIBTY FROM VENDORS.

TORNADO TOSSED SALADS WITH SALAD DRESSING ARE OFFERED EACH DAY AT LUNCH!
A VARIETY OF CHILLED MLK IS AVAILABLE WITH EACH MEAL. CONDIMENTS ARE ALSO OFFERED AS A PART OF EACH MEAL!

MONDAY



5

- SWEDISH MEATBALLS OVER RICE
- HOT & FLUFFY ROLL
- BBQ BAKED BEANS
- SWEET PEAS
- FRESH APPLE/MANDARIN ORANGE

12

TUESDAY



6

- MINI DIGGITY DOG
- CARROT & RAISIN SALAD
- SEASONED GREEN BEANS
- FLAVORED RAISINS/DICED PEACHES

13

WEDNESDAY



7

- VEGGIE BEEF SOUP & GRILLED CHEESE SANDWICH
- SEASONED MIXED VEGGIES
- SWEET POTATO PATTY
- BANANA/BLUSHING PEARS

14

THURSDAY

- BARBECUE MEATBALL HOAGIE
- CHEESY MASHED POTATOES
- PETITE BABY LIMAS
- ORANGE SMILE/STRAWBERRY CUP

1

8

- SPICY SAUSAGE & CHICKEN JAMBALAYA
- CARROT COINS
- PETITE BABY LIMAS
- ORANGE SMILE/STRAWBERRY CUP

15

FRIDAY

- BEEFY RAVIOLI
- GARLIC BREAD
- SEASONED GREEN BEANS
- CORN OFF THE COB
- FRESH APPLE/PINEAPPLES

2

9

- CHICKEN FRIED STEAK SANDWICH
- HASH BROWN PATTY
- CORN OFF THE COB
- FRESH APPLE/PINEAPPLES

16



19

20

- SPICY CHICKEN STRIPS OVER RICE
- HOT & FLUFFY ROLL
- CYCLONE MIXED VEGETABLES
- SWEET PEAS
- FRESH APPLE/MANDARIN ORANGE

26

- STUFFED CRUST PIZZA
- BUTTERED CORN
- SEASONED GREEN BEANS
- FLAVORED RAISINS/DICED PEACHES

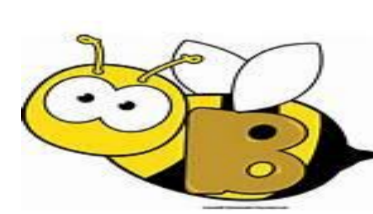
27



21

- RED BEANS, RICE & SAUSAGE WITH CORNBREAD BITES
- SOUTHERN STYLE TURNIPS
- SWEET POTATO PATTY
- BANANA/BLUSHING PEARS

28



22

- MANDARIN CHICKEN OVER RICE
- BABY CARROT CUPS WITH DIP
- PETITE BABY LIMAS
- ORANGE SMILE/STRAWBERRY CUP

29



23

- SOFT SHELL TACO WITH SALSA & CHEESE
- SPICY, PINTOS & CHEESE
- CORN OFF THE COB
- FRESH APPLE/PINEAPPLES

30

- CHEESY CHICKEN & OVER RICE
- HOT & FLUFFY ROLL
- STEAMED BROCCOLI & CHEESE
- SWEET PEAS
- FRESH APPLE/MANDARIN ORANGE

- TORNADO CHICKEN TENDERS
- HOT & FLUFFY ROLL
- SWEET BAKED BEANS
- SEASONED GREEN BEANS
- FLAVORED RAISINS/DICED PEACHES

- BEEFY NACHO GRANDE
- SALSA & CHIPS
- BUTTERED WHOLE KERNEL CORN
- SWEET POTATO PATTY
- BANANA/BLUSHING PEARS

- BARBECUE MEATBALL HOAGIE
- CHEESY MASHED POTATOES
- ORANGE SMILE/STRAWBERRY CUP

- BEEFY RAVIOLI
- GARLIC BREAD
- SEASONED GREEN BEANS
- CORN OFF THE COB
- FRESH APPLE/PINEAPPLES