

LAUREL SCHOOL DISTRICT TORNADO DINER BREAKFAST AND LUNCH MENU

Student meals are served at no cost.

Note: Menu items are subject to change due to product availability from vendors. Laurel School District is an equal opportunity employer and provider.

Each student meal must include a fruit or vegetable!

Adult breakfast meals are \$2.00 and lunch meals are \$3.25.

BREAKFAST SELECTIONS

- Monday-Typhoon Sausage Biscuit
- Tuesday-Whirlwind Breakfast Nuggets
- Wednesday-Twister Pancake Pup
- Thursday-Homestyle Grits and Sausage
- Friday-Cyclone Bacon Biscuit

Cereal may be chosen as an alternate breakfast entrée. Fruit juice and chilled fruit cups are available daily.

Breads or grains are often served as a part of the breakfast or lunch entrée.

A VARIETY OF CHILLED MLK IS AVAILABLE WITH EACH MEAL. CONDIMENTS ARE OFFERED AS A PART OF EACH MEAL! GELATIN CUPS WILL BE SERVED ON WEDNESDAY, AND COOKIES WILL BE SERVED ON FRIDAY!



SANDWICH SPECIALS

- Monday-GRILLED HAMBURGER
- Tuesday- SPICY CHICKEN SANDWICH
- Wednesday-BARBECUE RIB BUN
- Thursday-HAM & CHEESE MELT
- Friday- GRILLED CHEESEBURGER

SPECIALTY SALADS

- Monday-TORNADO CLUB SALAD
- Tuesday-SPICY CHICKEN SALAD
- Wednesday-TWISTER FRUIT & YOGURT
- Thursday-TORNADO CHICKEN SALAD
- Friday-GRILLED CHICKEN SALAD


MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	1		2		3		4		5
Specialty Cheesy Chicken Over Rice		Memphis Style Barbecued Chicken		Beefy Nacho Grande		Hot Diggity Hot Dog		Country Fried Steak Sandwich	
Hot & Fluffy Yeast Roll		Cheesy Mac & Garlic Bread		Toasty Tortilla Chips & Salsa		Heavenly Hash Brown		Southern Style Green Beans	
Tornado Tossed Salad		Marvelous Mixed Veggies		Tornado Tossed Salad		Buttered Green Peas		Down Home Barbecued Baked Beans	
Chop It Broccoli w/Cheese Sauce		Tornado Tossed Salad		Corn off the Cob		Tornado Tossed Salad		Tornado Tossed Salad	
Sugar Sweet Potato Patty		Petite Baby Limas							
	8		9		10		11		12
Cheesy Chicken Alfredo		Stone Baked Pizza		Veggie Beef Soup & Grilled Cheese		Crispy Nacho Bites		Tornado Prime Chicken Tenders	
Goodness Gracious Garlic Toast		Baby English Peas		Simply Southern Yams		Cheesy Pintos		Homemade Yeast Roll	
Southern Style Green Beans		Golden Whole Kernel Corn		Tornado Tossed Salad		Corn off the Cob		St. Louis Baked Beans	
Sliced Carrot Coins		Tornado Tossed Salad		Colorful Mixed Vegetables		Tornado Tossed Salad		Petite Baby Limas	
				Tornado Tossed Salad				Tornado Tossed Salad	
	15		16		17		18		19
Texas Temptation Meatballs		Ravishing Red Beans, Sausage, & Rice		Lucious Lasagna		Chowing Down the Chili			
Piping Hot Yeast Roll		Call the Calvary Cornbread Bites		Texas Toast w/Buttered Garlic Spread		Toasted Tortillas w/Spicy Salsa			
Cheese It Mashed Potatoes		Tornado Tossed Salad		Gracious Green Beans		Come & Get It Corn off the Cob			
Marvelous Mixed Veggies		Southern Style Turnip Greens		Cheesy Broccoli Bites		Petite Pintos & Cheese			
Tornado Tossed Salad		Savor the Flavor Sweet Potato		Tornado Tossed Salad		Tornado Tossed Salad			
	22		23		24		25		26
		Scrumptious BBQ Chicken Sandwich		Ham & Cheese Wrap It Up		Tornado Beef & Potato Pie		<h2 style="margin: 0;">GOOD FRIDAY</h2>	
		Fresh Stewed Squash		Perfectly Seasoned String Beans		Going to Love the Homemade Roll		Simply Sensational Italian Spaghetti	
		St. Loius Style Barbecued Beans		Take it to the Top Corn Kernels		Color Wheel Mixed Veggies		Great Gatsby Garlic Bread	
		Tornado Tossed Salad		Tornado Tossed Salad		Tornado Tossed Salad		Itty Bitty Baby Green Peas	
						Fresh from the Field Peas		Tornado Tossed Salad	
								Golden Glazed Carrot Coins	
	29		30						
Beefy Nacho Grande		Country Fried Steak Sandwich							
Toasty Tortilla Chips & Salsa		Southern Style Green Beans							
Tornado Tossed Salad		Down Home Barbecued Baked Beans							
Corn off the Cob		Tornado Tossed Salad							

