

LAUREL SCHOOL DISTRICT TORNADO DINER BREAKFAST AND LUNCH MENU

Student meals are served at no cost.

Adult breakfast meals are \$2.00 and lunch meals are \$3.25.

Note: Menu items are subject to change due to product availability from vendors. Laurel School District is an equal opportunity employer and provider.
Each student meal must include a fruit or vegetable!

BREAKFAST SELECTIONS

- Monday-Typhoon Sausage Biscuit
- Tuesday-Whirlwind Breakfast Nuggets
- Wednesday-Twister Pancake Pup
- Thursday-Homestyle Grits and Sausage
- Friday-Cyclone Bacon Biscuit

Cereal may be chosen as an alternate breakfast entrée. Fruit juice and chilled fruit cups are available daily.
Breads or grains are often served as a part of the breakfast or lunch entrée.



SANDWICH SPECIALS

- Monday-GRILLED HAMBURGER
- Tuesday- SPICY CHICKEN SANDWICH
- Wednesday-BARBECUE RIB BUN
- Thursday-HAM & CHEESE MELT
- Friday- GRILLED CHEESEBURGER

SPECIALTY SALADS

- Monday-TORNADO CLUB SALAD
- Tuesday-SPICY CHICKEN SALAD
- Wednesday-TWISTER FRUIT & YOGURT
- Thursday-TORNADO CHICKEN SALAD
- Friday-GRILLED CHICKEN SALAD

A VARIETY OF CHILLED MLK IS AVAILABLE WITH EACH MEAL. CONDIMENTS ARE OFFERED AS A PART OF EACH MEAL! GELATIN CUPS WILL BE SERVED ON WEDNESDAY, AND COOKIES WILL BE SERVED ON FRIDAY!

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	4	5	6	7	8
Cheesy Chicken Alfredo		Stone Baked Pizza	Veggie Beef Soup & Grilled Cheese	Crispy Nacho Bites	Tornado Prime Chicken Tenders
Goodness Gracious Garlic Toast		Baby English Peas	Simply Southern Yams	Cheesy Pintos	Homemade Yeast Roll
Southern Style Green Beans		Golden Whole Kernel Corn	Tornado Tossed Salad	Corn off the Cob	St. Louis Baked Beans
Sliced Carrot Coins		Tornado Tossed Salad	Colorful Mixed Vegetables	Tornado Tossed Salad	Petite Baby Limas
	11		12	13	14
Texas Temptation Meatballs		Ravishing Red Beans, Sausage, & Rice	Lucious Lasagna	Chowing Down the Chili	Make it Mandarin Chicken
Piping Hot Yeast Roll		Call the Calvary Cornbread Bites	Texas Toast w/Buttered Garlic Spread	Toasted Tortillas w/Spicy Salsa	Fluffy Bed of Rice
Cheese It Mashed Potatoes		Tornado Tossed Salad	Gracious Green Beans	Come & Get It Corn off the Cob	Green Goddess Baby Peas
Marvelous Mixed Veggies		Southern Style Turnip Greens	Cheesy Broccoli Bites	Petite Pintos & Cheese	Collect Your Golden Carrot Coins
Tornado Tossed Salad		Savor the Flavor Sweet Potato	Tornado Tossed Salad	Tornado Tossed Salad	Tornado Tossed Salad
	18		19	20	21
		Scrumptious BBQ Chicken Sandwich	Ham & Cheese Wrap It Up	Tornado Beef & Potato Pie	Simply Sensational Italian Spaghetti
		Fresh Stewed Squash	Perfectly Seasoned String Beans	Going to Love the Homemade Roll	Great Gatsby Garlic Bread
		St. Louius Style Barbecued Beans	Take it to the Top Corn Kernels	Color Wheel Mixed Veggies	Itty Bitty Baby Green Peas
		Tornado Tossed Salad	Tornado Tossed Salad	Tornado Tossed Salad	Tornado Tossed Salad
				Fresh from the Field Peas	Golden Glazed Carrot Coins
	25		26	27	28
Beefy Nacho Grande		Country Fried Steak Sandwich	Specialty Cheesy Chicken Over Rice	Memphis Style Barbecued Chicken	
Toasty Tortilla Chips & Salsa		Southern Style Green Beans	Hot & Fluffy Yeast Roll	Cheesy Mac & Garlic Bread	
Tornado Tossed Salad		Down Home Barbecued Baked Beans	Tornado Tossed Salad	Marvelous Mixed Veggies	
Corn off the Cob		Tornado Tossed Salad	Chop It Broccoli w/Cheese Sauce	Tornado Tossed Salad	
			Sugar Sweet Potato Patty	Petite Baby Limas	

