

# LAUREL SCHOOL DISTRICT TORNADO DINER BREAKFAST AND LUNCH MENU

Student meals are served at no cost.

Adult breakfast meals are \$2.00 and lunch meals are \$3.25.

Note: Menu items are subject to change due to product availability from vendors. Laurel School District is an equal opportunity employer and provider.  
Each student meal must include a fruit or vegetable!

## BREAKFAST SELECTIONS

- Monday-Typhoon Sausage Biscuit
- Tuesday-Whirlwind Breakfast Nuggets
- Wednesday-Twister Pancake Pup
- Thursday-Tempest Breakfast Pizza
- Friday-Cyclone Bacon Biscuit

Cereal may be chosen as an alternate breakfast entrée. Fruit juice and chilled fruit cups are available daily. Breads or grains are often served as a part of the breakfast or lunch entrée.



A VARIETY OF CHILLED MLK IS AVAILABLE WITH EACH MEAL. CONDIMENTS ARE OFFERED AS A PART OF EACH MEAL! GELATIN CUPS WILL BE SERVED ON WEDNESDAY, AND COOKIES WILL BE SERVED ON FRIDAY!

## SANDWICH SPECIALS

- Monday-GRILLED HAMBURGER
- Tuesday- SPICY CHICKEN SANDWICH
- Wednesday-BARBECUE RIB BUN
- Thursday-HAM & CHEESE MELT
- Friday- GRILLED CHEESEBURGER

## SPECIALTY SALADS

- Monday-TORNADO CLUB SALAD
- Tuesday-SPICY CHICKEN SALAD
- Wednesday-TWISTER FRUIT & YOGURT
- Thursday-TORNADO CHICKEN SALAD
- Friday-GRILLED CHICKEN SALAD

### MONDAY

- 1 Beefy Nacho Grande
- Toasty Tortilla Chips & Salsa
- Tornado Tossed Salad
- Corn off the Cob

### TUESDAY

- 2 Country Fried Steak Sandwich
- Southern Style Green Beans
- Down Home Barbecued Baked Beans
- Tornado Tossed Salad

### WEDNESDAY

- 3 Specialty Cheesy Chicken Over Rice
- Hot & Fluffy Yeast Roll
- Tornado Tossed Salad
- Chop It Broccoli w/Cheese Sauce
- Sugar Sweet Potato Patty

### THURSDAY

- 4 Memphis Style Barbecued Chicken
- Cheesy Mac & Garlic Bread
- Marvelous Mixed Veggies
- Tornado Tossed Salad
- Petite Baby Limas

### FRIDAY

- 5 Hot Diggity Hot Dog
- Heavenly Hash Brown
- Buttered Green Peas
- Tornado Tossed Salad



8

- Stone Baked Pizza
- Baby English Peas
- Golden Whole Kernel Corn
- Tornado Tossed Salad

9

- Veggie Beef Soup & Grilled Cheese
- Simply Southern Yams
- Tornado Tossed Salad
- Colorful Mixed Vegetables

10

- Crispy Nacho Bites
- Cheesy Pintos
- Corn off the Cob
- Tornado Tossed Salad

11

- Tornado Tenders
- Homemade Yeast Roll
- St. Louis Baked Beans
- Petite Baby Limas

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## Mississippi Farm to School Week

15

- Texas Temptation Meatballs
- Piping Hot Yeast Roll
- Cheese It Mashed Potatoes
- Marvelous Mixed Veggies
- Tornado Tossed Salad

16

- Ravishing Red Beans, Sausage, & Rice
- Call the Calvary Cornbread Bites
- Tornado Tossed Salad
- Southern Style Turnip Greens
- Savor the Flavor Sweet Potato

17

- Lucious Lasagna
- Texas Toast w/Buttered Garlic Spread
- Gracious Green Beans
- Cheesy Broccoli Bites
- Tornado Tossed Salad

18

- Chowing Down the Chili
- Toasted Tortillas w/Spicy Salsa
- Come & Get It Corn off the Cob
- Petite Pintos & Cheese
- Tornado Tossed Salad

19

- Make it Mandarin Chicken
- Fluffy Bed of Rice
- Green Goddess Baby Peas
- Collect Your Golden Carrot Coins
- Tornado Tossed Salad

## National School Lunch Week

22

- Fiestada Chicken & Rice
- Homemade Yeast Roll
- Simply Sweet Potato Patty
- Petite Baby Limas
- Tornado Tossed Salad

23

- Scrumptious BBQ Chicken Sandwich
- Fresh Stewed Squash
- St. Louis Style Barbecued Beans
- Tornado Tossed Salad

24

- Ham & Cheese Wrap It Up
- Perfectly Seasoned String Beans
- Take it to the Top Corn Kernels
- Tornado Tossed Salad

25

- Tornado Beef & Potato Pie
- Going to Love the Homemade Roll
- Color Wheel Mixed Veggies
- Tornado Tossed Salad
- Fresh from the Field Peas

26

- Simply Sensational Italian Spaghetti
- Great Gatsby Garlic Bread
- Itty Bitty Baby Green Peas
- Tornado Tossed Salad
- Golden Glazed Carrot Coins

29

- Beefy Nacho Grande
- Toasty Tortilla Chips & Salsa
- Tornado Tossed Salad
- Corn off the Cob

30

- Country Fried Steak Sandwich
- Southern Style Green Beans
- Down Home Barbecued Baked Beans
- Tornado Tossed Salad

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- Specialty Cheesy Chicken Over Rice
- Hot & Fluffy Yeast Roll
- Tornado Tossed Salad
- Chop It Broccoli w/Cheese Sauce
- Sugar Sweet Potato Patty

