

# LAUREL SCHOOL DISTRICT TORNADO DINER BREAKFAST AND LUNCH MENU

Student meals are served at no cost.

Adult breakfast meals are \$2.00 and lunch meals are \$3.25.

Note: Menu items are subject to change due to product availability from vendors. Laurel School District is an equal opportunity employer and provider.

Each student meal must include a fruit or vegetable!

## BREAKFAST SELECTIONS

- Monday-Typhoon Sausage Biscuit
- Tuesday-Whirlwind Breakfast Nuggets
- Wednesday-Twister Pancake Pup
- Thursday-Tempest Breakfast Pizza
- Friday-Cyclone Bacon Biscuit

Cereal may be chosen as an alternate breakfast entrée. Fruit juice and chilled fruit cups are available daily. Breads or grains are often served as a part of the breakfast or lunch entrée.



## SANDWICH SPECIALS

- Monday-GRILLED HAMBURGER
- Tuesday- SPICY CHICKEN SANDWICH
- Wednesday-BARBECUE RIB BUN
- Thursday-HAM & CHEESE MELT
- Friday- GRILLED CHEESEBURGER

## SPECIALTY SALADS

- Monday-TORNADO CLUB SALAD
- Tuesday-SPICY CHICKEN SALAD
- Wednesday-TWISTER FRUIT & YOGURT
- Thursday-TORNADO CHICKEN SALAD
- Friday-GRILLED CHICKEN SALAD

A VARIETY OF CHILLED MLK IS AVAILABLE WITH EACH MEAL. CONDIMENTS ARE OFFERED AS A PART OF EACH MEAL! GELATIN CUPS WILL BE SERVED ON WEDNESDAY, AND COOKIES WILL BE SERVED ON FRIDAY!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 Beefy Nacho Grande Toasty Tortilla Chips & Salsa Tornado Tossed Salad Corn off the Cob	7 Country Fried Steak Sandwich Southern Style Green Beans Down Home Barbecued Baked Beans Tornado Tossed Salad	8 Specialty Cheesy Chicken Over Rice Hot & Fluffy Yeast Roll Tornado Tossed Salad Chop It Broccoli w/Cheese Sauce Sugar Sweet Potato Patty	9 Memphis Style Barbecued Chicken Cheesy Mac & Garlic Bread Marvelous Mixed Veggies Tornado Tossed Salad Petite Baby Limas	10 Hot Diggity Hot Dog Heavenly Hash Brown Buttered Green Peas Tornado Tossed Salad
13 Cheesy Chicken Alfredo Goodness Gracious Garlic Toast Southern Style Green Beans Sliced Carrot Coins	14 Stone Baked Pizza Baby English Peas Golden Whole Kernel Corn Tornado Tossed Salad	15 Veggie Beef Soup & Grilled Cheese Simply Southern Yams Tornado Tossed Salad Colorful Mixed Vegetables	16 Crispy Nacho Bites Cheesy Pintos Corn off the Cob Tornado Tossed Salad	17 Tornado Tenders Homemade Yeast Roll St. Louis Baked Beans Petite Baby Limas
20 Texas Temptation Meatballs Piping Hot Yeast Roll Cheese It Mashed Potatoes Marvelous Mixed Veggies Tornado Tossed Salad	21 Ravishing Red Beans, Sausage, & Rice Call the Calvary Cornbread Bites Tornado Tossed Salad Southern Style Turnip Greens Savor the Flavor Sweet Potato	22 Lucious Lasagna Texas Toast w/Buttered Garlic Spread Gracious Green Beans Cheesy Broccoli Bites Tornado Tossed Salad	23 Chowing Down the Chili Toasted Tortillas w/Spicy Salsa Come & Get It Corn off the Cob Petite Pintos & Cheese Tornado Tossed Salad	24 Make it Mandarin Chicken Fluffy Bed of Rice Green Goddess Baby Peas Collect Your Golden Carrot Coins Tornado Tossed Salad
27 Marinated Sirloin Steak Bites Bed of Rice & Homemade Yeast Roll Simply Sweet Potato Patty Petite Baby Limas Tornado Tossed Salad	28 Scrumptious BBQ Chicken Sandwich Fresh Stewed Squash St. Louis Style Barbecued Beans Tornado Tossed Salad	29 Ham & Cheese Wrap It Up Perfectly Seasoned String Beans Take it to the Top Corn Kernels Tornado Tossed Salad	30 Tornado Beef & Potato Pie Going to Love the Homemade Roll Color Wheel Mixed Veggies Tornado Tossed Salad Fresh from the Field Peas	31 Simply Sensational Italian Spaghetti Great Gatsby Garlic Bread Itty Bitty Baby Green Peas Tornado Tossed Salad Golden Glazed Carrot Coins



# WELCOME BACK TO SCHOOL

